

Illuminate

An OHC Shipmanagement Publication

Apr - Jun 2019 Issue 3

OHC Shipmanagement Pte Ltd



OHC Shipmanagement has recently been reviewed by oil majors, Shell and PetroChina as part of the risk management initiative. Although there is no major non-conformance, there is always room for making improvements and challenging ourselves to do even better than before.

We must maintain consistent, high standards of service and quality of work to our valued partners, but never at the expense of safety and health of our crew and partners. O/ur crew have 'taken time to care', as they initiate ways to promote better safety and health onboard our managed vessels, such as creating an exercise bench for work-outs.

Our participation in the Health Promotion Board's (HPB) National Steps Challenge (Corporate) will end in April, but we shall not stop there as our purpose is not just in striving to win the Challenge, but to win a clean slate of health for ourselves.

As we continue our day-to-day operations to meet our clients' needs and every vessel's requirements, we always stay committed to what we believe in. We encourage all of our crew and staff to actively play a part in creating a safe environment for one another to work and live in.

Regards,

Linus Lee
Managing Director

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**OHC Family Photo Con-
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Taking time to care

OHC Shipmanagement has adopted and embarked on its HSSE training and campaign for 2019, “Take Time to Take Care of Your Safety and Health”, in line with the Workplace Safety and Health (WSH) Council’s launch last year.

OHC’s senior officers conduct briefings and training for the vessel crew in shipboard operation and constantly lead by example of safety at work, with a desired outcome to cultivate a behaviour transformation. No job is so important and no service so urgent that we cannot take time to perform our work safely.

Mannequin Challenge 2019

The Corporate Mannequin Challenge launched by the WSH Council in 2018 aims to demonstrate the importance of taking time to take care of one’s safety and health, and remind people to think about what they should do to prevent injuries and ill health at work.

It was to raise WSH awareness and drive the concept of “Take Time to Take Care” to the industry. The mannequin challenge involves people freezing in the middle of doing an activity, as if time has stopped.

Taking a moment to reflect how we can keep ourselves and others safe and healthy at work, our crew onboard OHC Shipmanagement’s managed vessels NOC 7, EVER BRAVE and NOC 9 kick-started OHC’s Corporate Mannequin Challenge in January 2019! Do log in to our Facebook page: www.facebook.com/OHCSHIP to view the videos!



Crew of EVER BRAVE (above right), NOC 7 (right) and NOC 9 (above) in their time-freeze mannequin positions, while caught in the middle of an activity, be it at work or at leisure onboard the vessels.



Vim and vigour

Team EVER BRAVE took HSSE many steps further by taking time to build their own exercise bench!

OHC's crew onboard managed vessel EVER BRAVE, led by its Master Capt Bachtiar, together with Bosun Supriyadi and Chief Engineer Chusni Thamrin, initiated and created this bench, meant for back presses and toning exercises, out of used wood pellet sent onboard and entirely during their three days of off-duty time.

Capt. Bachtiar said, "We had good fun creating this, we made it and we own it. Now, every crew onboard has a chance to use it during our off-duty time and keep fit. When we take time to work-out together, the crew also bonds and interact with one another in a relaxed manner. Of course, we strive to become healthier together."

This was further motivated by OHC's participation in the Health Promotion Board's (HPB) National Corporate Steps Challenge from January to April this year.

Bravo to Team EVER BRAVE!



Improvised exercise bench onboard the vessel EVER BRAVE by the crew of OHC Shipmanagement



Above: A team that works(-out) together stays together. The crew of EVER BRAVE owning their health by taking steps to work out.

Left: Master Captain Bachtiar relishing his work-out time during off-duty hours.

Keeping the ships in good shape



OHC Shipmanagement's managed vessel, *SUPERNOVA*, underwent drydocking works and has been renamed as *VANDA SUCCESS*. Its sister vessel, *OPHELIA*, will also be docked subsequently.



OHC's managed vessel, *ES ASPIRE*, completed her drydocking works in February 2019.

Another of OHC's managed vessel ,
EVER BEST, completed its drydocking
works in late March 2019.



Above: Mya Soe, DPA and Head of Technical—OHC Shipmanagement (standing first on left), posing with some of the crew members of *EVER BEST*.

Joyous celebrations

The management team of OHC Shipmanagement brought cheers to our crew onboard each managed vessel and celebrated alongside with them during the festive Chinese New Year season, wishing all good health, prosperity and smooth-sailing journeys throughout the new year!



Well Wishes

OHC wishes all of our following crew and staff well on their **birthdays** that fall between April and June 2019! May happiness, peace, blessings and good health follow always.

April

NEO BENG HEANG	OFFICE
ROHAIDA BINTE ABDUL RAHMAN	OFFICE
DANANG PRAMUSUSETYA	BAYAN
MUHAMMAD NUR	BAYAN
SAMAN SUNARDI	BAYAN
SHALEHUDDIN	BAYAN
SIGIT MARJIANTO	COLOSSUS
LA ODE MISLAR MURIMAN	COMO
AUNG ZAW HTET	ES ASPIRE
WIN HLAING	ES ASPIRE
AFRIZAL	EVER BEST
FIRDAUS	EVER BRIGHT
RUDI SUPRIATNA	EVER BRIGHT
KAMALUDDIN	EVER JOYCE
YUSUF PAPPASARANGA	NOC 7
ABDUL MUTHALIB	NOC 8
MUHAMMAD NURSENG SUNDUSENG	NOC 9
ADITYA HIDAYAT	OPHELIA
UMAR IRVANI HADARI	OPHELIA
IRZAN ZAINUDDIN NUHUNG	SUPERNOVA

May

ESTHER LEE	OFFICE	ZEYAR AUNG	ES ASPIRE
SAJAN CHACKO	OFFICE	JONNY HUTASOIT	EVER BEST
ROFIK	BAYAN	SAIFUL RIJAL	EVER BEST
AHMADI SAKA	COMO	AUNG KYAW OO	SUPERNOVA
MAI YENDRI	COMO	PRAYITNO BUDI SANTOSO	SUPERNOVA
CHAN MYAE KYAW	ES ASPIRE		
HTET THU AUNG	ES ASPIRE		

June

WILLIAM LWIN	OFFICE	LA ODE MIZWAR	NOC 9
PITTOR SIMBOLON	COMO	BONNY MARIO WAROKKA	OPHELIA
TUN MIN OO	ES ASPIRE	HENDRA SAPUTRA	OPHELIA
JUNED TUNGAL SATRIYO MUKTI	EVER BEST	RANGGA MEYDISA KURNIAWAN	OPHELIA
KEMAS SULAIMAN	EVER JOYCE	SAI HLA WIN	OPHELIA
YUNIAS PARASSA	NOC 9	HARIRI	SUPERNOVA

OHC Family Photo Contest

Let your creative juices flow, put your photography skills to the test and you may be rewarded! We are calling for submissions of **original, high-resolution photos** taken onboard or related to our fleet of managed vessels.

Photo entries may portray any of the following themes:

- Safety at work
- Teamwork
- Operations
- Leisure activities

All photos should be submitted via the internal communication channel, 'OHC Family', or by email to grace.lee@ohcgroup.com.sg.

Selected winning entries will be featured in the subsequent issue(s) of *Illuminate* newsletter. Entries will be judged on based on creativity, originality and visual/emotional impact of the photo. Winner(s) of each month will stand to win attractive shopping vouchers!



Getting Underway

Home is where the heart is. For Fazrul Rosmarudin, his heart stayed the course with the marine industry even as he worked his hands in other careers such as logistics, after being a marine technician for only a few months.

At the Employment and Employability Institute's (e2i) Maritime Industry Recruitment for the CoC (Special Limit) Deck Officer Programme last year, the 28-year-old dived straight for OHC Shipmanagement's booth, armed with his earnestness and his application in hand.

When asked what had attracted him to join OHC Shipmanagement, he shared, "This was the kind of environment and culture that one would, where I would, want to grow my career with. The Company's values sat right with me as I did my research and learned more about the company."

He added, "I was given the impression that OHC believes in empowering its employees to achieve positive results. I believe in its vision and that this is the place for my growth and development, where my strengths and skill sets can be suitably tapped.

Fazrul was successfully recruited to be sponsored by OHC Shipmanagement for the two-year Programme, which will see him earning his qualification as a Special Limite Chief Mate upon completion.



With that, he commenced his pre-sea classroom training at the Singapore Maritime Academy (SMA) and emerged with good results despite the steep learning curve and culture shock. He credited his achievements to the strong support of his family and the camaraderie and teamwork of his close-knit cohort-mates.

"We often encourage and remind one another that as 13 of us entered the course, 13 of us will graduate together. No one gives up." Now that the first phase of the Programme has ended, Fazrul has embarked on his on-the-job training for the next 13 months, onboard one of OHC's managed vessel, *NOC 9*, as part of the Programme.

Though apprehensive but more filled with excitement, the cheery gentleman constantly reminds himself to stay humble and keep focus on his purpose. "When we are onboard the vessel, it all boils down to teamwork, therefore I need to know my capabilities and limitations.

"For now, I will chart my career path one step at a time, focus on the current and make things work. It is like a race, we must run the race well, regardless of what hardships we may face. Just do it."



Fazrul (seated at back row, right, in white/black striped shirt), with his cohort-mates of the CoC (Special Limit) Deck Officer Programme



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